

What's on the Menu?

October 2021
Orange Secondary Lunch Menu

Monday

Tuesday

Wednesday

Thursday

Friday

All meals come complete with:

Protein/Protein Substitute
Fruit
Vegetable
Bread/Grain
Choice of milk

1
General Tso's Chicken
Spring Roll
Brown Rice



Deli
M-Turkey & Cheese
T-Turkey Ham & Cheese
W-Italian Hoagie
Th-Chicken Salad
F-Tuna Salad

4
BBQ Chicken Sandwich
Seasoned Fries

5
Turkey Nachos
Seasoned Black Beans

6
Meatball Parmesan Sub
Seasoned Corn

7
Chicken Casserole
Orange Glazed Carrots

8
Philly Cheesesteak with peppers & Onions
Steamed Broccoli



Wild Greens
M-Caesar Salad
T-Tuna Salad
W-Chef Salad
Th-Cheese Salad
F-BBQ Chicken Salad

11
School Closed
No Lunch

12
Arroz Con Pollo (Chicken with Rice)
Mexicali Corn

13
Beef Hot Dog on a Bun
Vegetarian Baked Beans

14
Rotini Pasta with Meat Sauce
Garlic Bread
Tossed Salad

15
Grilled Cheese Sandwich
Fresh Cherry Tomatoes with Dressing



2Mato
Monday, Wednesday & Friday
Assorted Pizza
Plain, Pepperoni, Buffalo

18
Chicken Tenders
Dinner Roll
Seasoned Green Peas

19
Turkey Nachos
Vegetarian Refried Beans

20
Hearty Beef Stew
Steamed Rice

21
Chicken Broccoli Alfredo Pasta
Garlic Bread

22
Cheese or Pepperoni Calzone
Marinara Dipping Sauce



Fresh Grill

T-Hamburger
Cheeseburger
Th-Chicken Patty
Chicken Parmesan

25
Boneless Chicken Wings
Seasoned Potato Wedges

26
Chicken Fajitas
Vegetarian Refried Beans

27
Swedish Meatballs
Steamed Rice
Mixed Vegetables

28
Roast Turkey with Gravy
Mashed Potatoes

29
Sloppy Joe on a Bun
Sweet Potato Fries



All meals served with milk



Vegetarian



Locally Grown

This institution is an equal opportunity provider.
*Menu subject to change without notice

Annette

Santiago-973

677-4000 x5000

What's on the Menu?

October 2021 Breakfast

Monday

Tuesday

Wednesday

Thursday

Friday



4
Reduced Sugar
Cinnamon Toast
Crunch Cereal
100% Juice and
crackers

5
Mini French
Toast

100% Fruit
Punch

6
Mini Cinnamon
Buns

Fresh Granny
Smith Apple

7
Maple Pancakes

100% Apple
Juice

1
Apple Frudel
Breakfast Pastry

Fresh Plum



11
**School
Closed**

12
Mini Blueberry
Pancakes

100% Orange
Juice

13
Cinnamon
Cheese Filled
Bagel

Fresh Peach

14
Mini Maple
Waffles

100% Fruit
Punch

8
Cherry Frudel
Breakfast Pastry

Raisins



18
Reduced Sugar
Lucky Charms
Cereal
100% Juice and
Crackers

19
Mini Maple
Pancakes

100 % Apple
Juice

20
Coco Puff Cereal
Bar

Fresh Banana

21
Strawberry
Splash Pancakes

100% Orange
Juice

15
Apple Nutrigrain
Breakfast Bar

Fresh Orange



25
Reduced Sugar
Coco Puff Cereal
100% Juice and
Crackers

26
Cheerios Fruit
Breakfast Bar

Fresh Pear

27
Blueberry Muffin

Apple Slices

28
Mini French
Toast

100% Orange
Juice

22
Golden Grahams
Cereal Bar

Apple Slices



29
Cinnamon Filled
Bagel

Fresh Orange



All meals served with low fat milk

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Annette Santiago
973 677-4000 x5099



Vegetarian



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